

A world of pain (and a lot of fun)

Common pitfalls in implementing behaviour change in multinational companies, and the importance of anchoring for sustainability of change.

Alan Aastorp, HR Week 20.11.2023

INTRODUCTION

AGENDA

1. Anchoring behaviour change
2. Sustainability of change – typical outcomes
3. Kotter's 8 Step Model and common pitfalls, applied to behaviour change: Prepare, Implement & Anchor – an industry example

CONTEXT

- The only things constant in life are death, taxes and change¹
- Behaviour change projects can have a very high ROI (> 20) with relatively small investments (~US\$ 1–2m) and relatively short payback times
- 70% of change programs fail to achieve their goals²
- Based on our experience, preparation, leadership and inadequate anchoring are the three single most influential reasons for why change programs fail



“What if we don't change at all ...
and something magical just happens?”

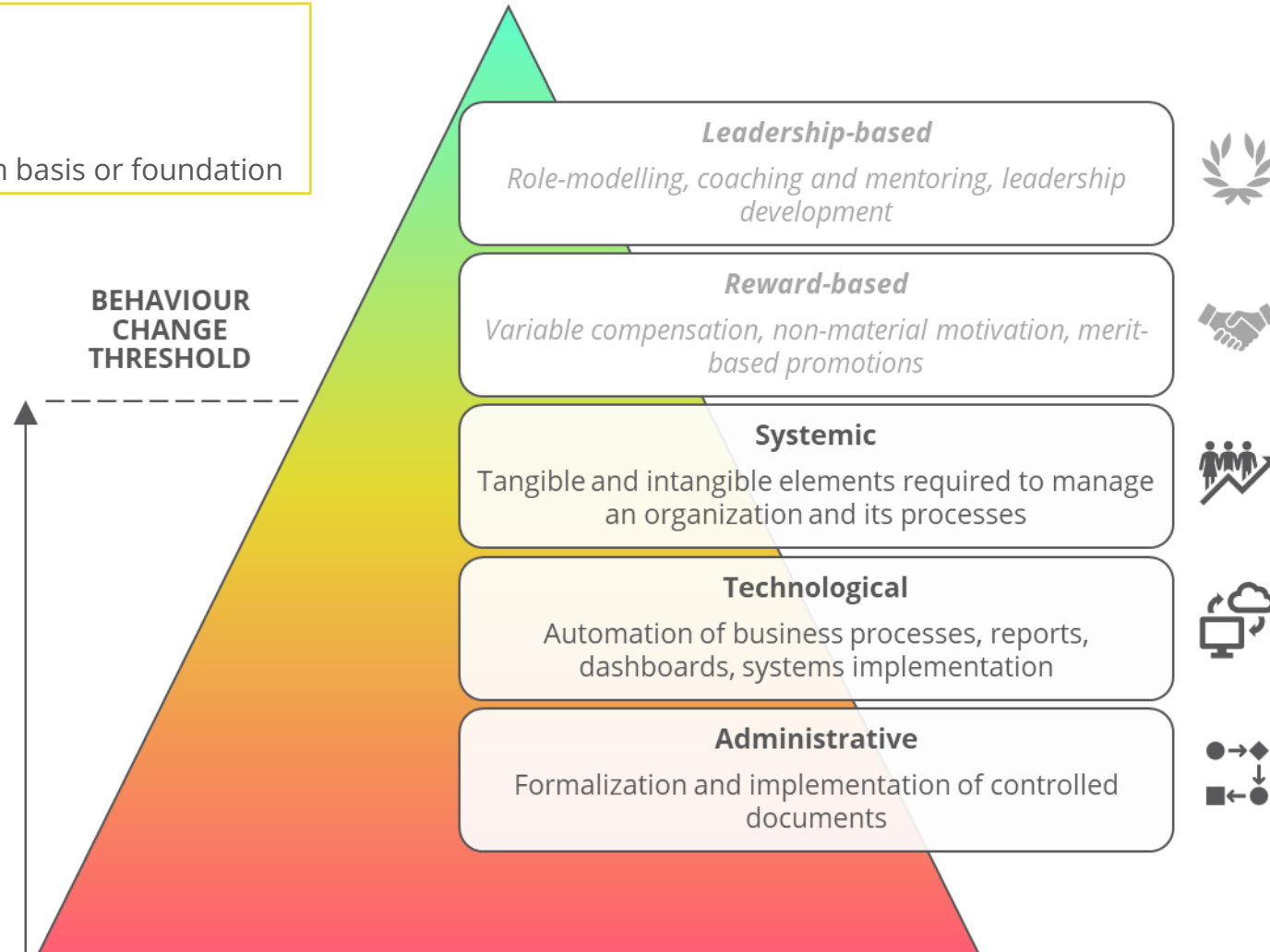
¹ [Dillon Law: Death, taxes and change](#)

² [McKinsey: Changing change management](#)

ANCHORING BEHAVIOUR CHANGE

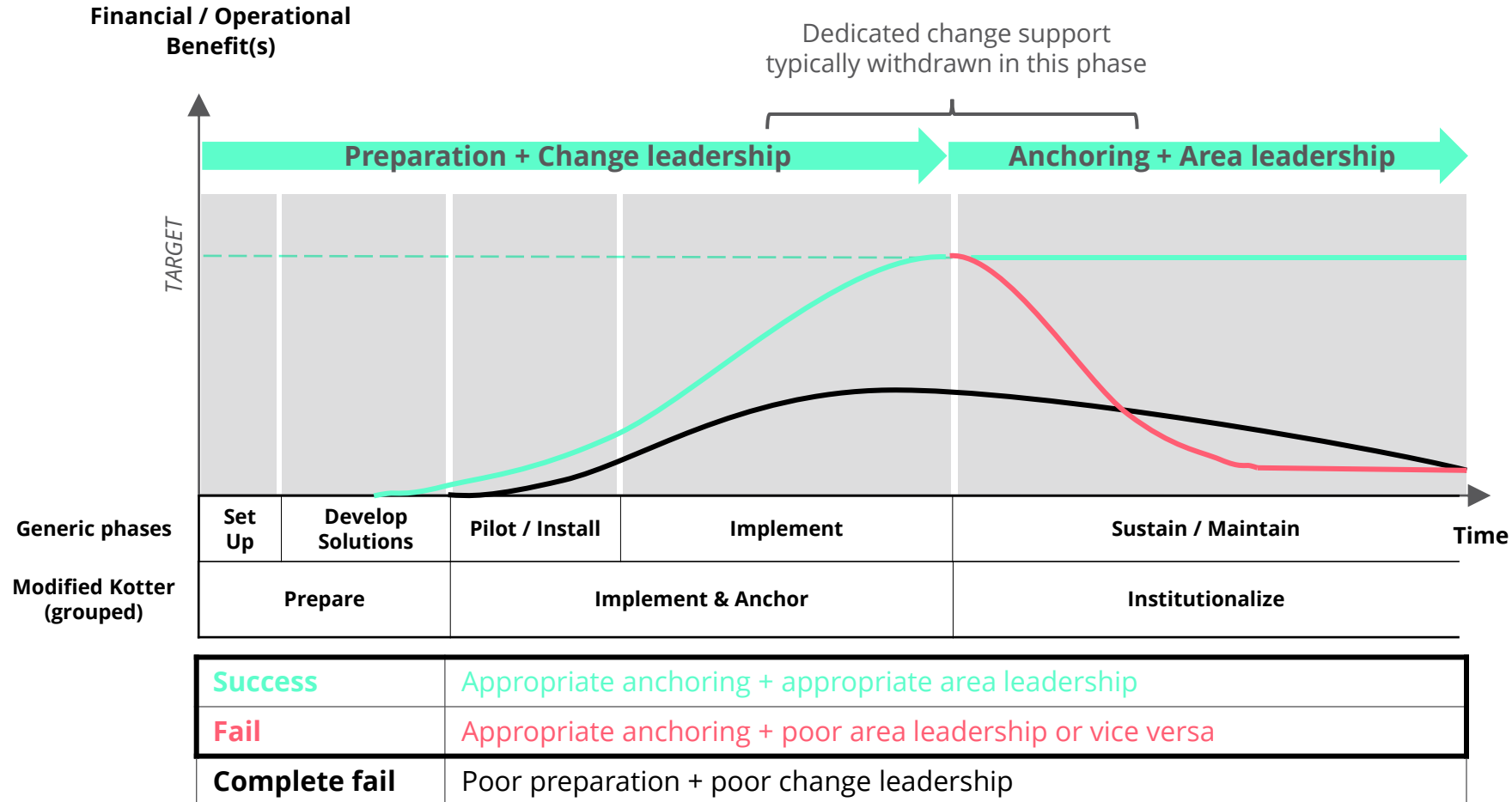
anchor
/'ɑŋkə/

verb
provide with a firm basis or foundation



- The Anchoring Pyramid™ demonstrates the different levels of anchoring
- Anchoring is a mix 'hard' (*Theory E*) actions at the bottom of the pyramid, leading gradually to 'softer' (*Theory O*) actions
- Reward & leadership are also foundations for culture anchoring

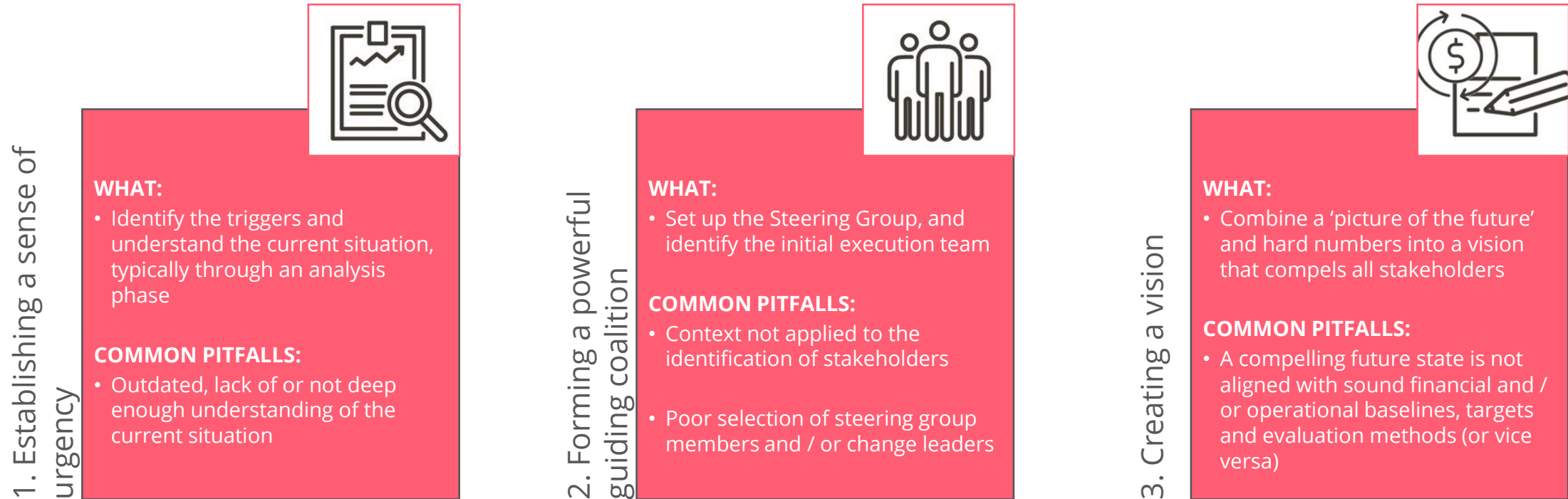
SUSTAINABILITY OF CHANGE



- **Area leader:** the manager / leader in charge of the area(s) having undergone the change
 - Do not confuse with the **change leader**, the person leading the actual change effort
- **Power** in organizations is important for both area and change leaders, but is rarely considered – offers a ‘simple’ framework for leadership assessment

KOTTER'S 8-STEP MODEL¹: PREPARE

Key outputs: vision, project plan based on approved solutions, stakeholder analysis, onboarded Steering Committee and execution team, basic engagement from change area



Analysis phase can be done as part of the project or as a separate exercise in advance of starting the project (the latter is often used by consultants to sell services)

Steering Group Objectives: keep program on track, remove obstacles, take decisions, serve as goalpost for meeting effectiveness

Financial benefits need to be broken down by source, type of benefit, and approved by responsible person and finance

¹ [Leading Change: Why Transformation Efforts Fail \(HBR\)](#)

KOTTER'S 8-STEP MODEL¹: IMPLEMENT

Key outputs: organizational awareness, removed obstacles and mitigated risks, quick wins, updated roadmap / plan

4. Communicate the vision



WHAT:

- Develop and roll-out a communications plan based on the stakeholder matrix

COMMON PITFALLS:

- Communication not aligned with execution plan
- Not measuring effect of communications

You won't be able to deliver change sitting in an office sending e-mails, **get out of your office and engage the people where they work**

5. Empower others to act on the vision



WHAT:

- Mitigate / remove risks / obstacles to change

COMMON PITFALLS:

- Failure to take tough people decisions & lack of leader 'pipeline'
- Obstacles removed using coercion

It's not always nice to be nice - take the tough people decisions – it's amazing how much damage one single employee can do

6. Plan for and create short-term wins



WHAT:

- Ensure tangible performance improvements during the first 6 - 12 months

COMMON PITFALLS:


- Short-term wins not planned for or unrealistic
- Focusing on short-term wins at the expense of the bigger picture

In reality, short-term wins are required within a 3 - 6-month timeframe, aim to have 1 or 2 such wins delivered during the preparation phase

¹ [Leading Change: Why Transformation Efforts Fail \(HBR\)](#)

KOTTER'S 8-STEP MODEL¹: ANCHOR

Key outputs: anchored behavior change(s), handover to organization through sustainability plan(s)



7. Consolidate improvements and produce more change

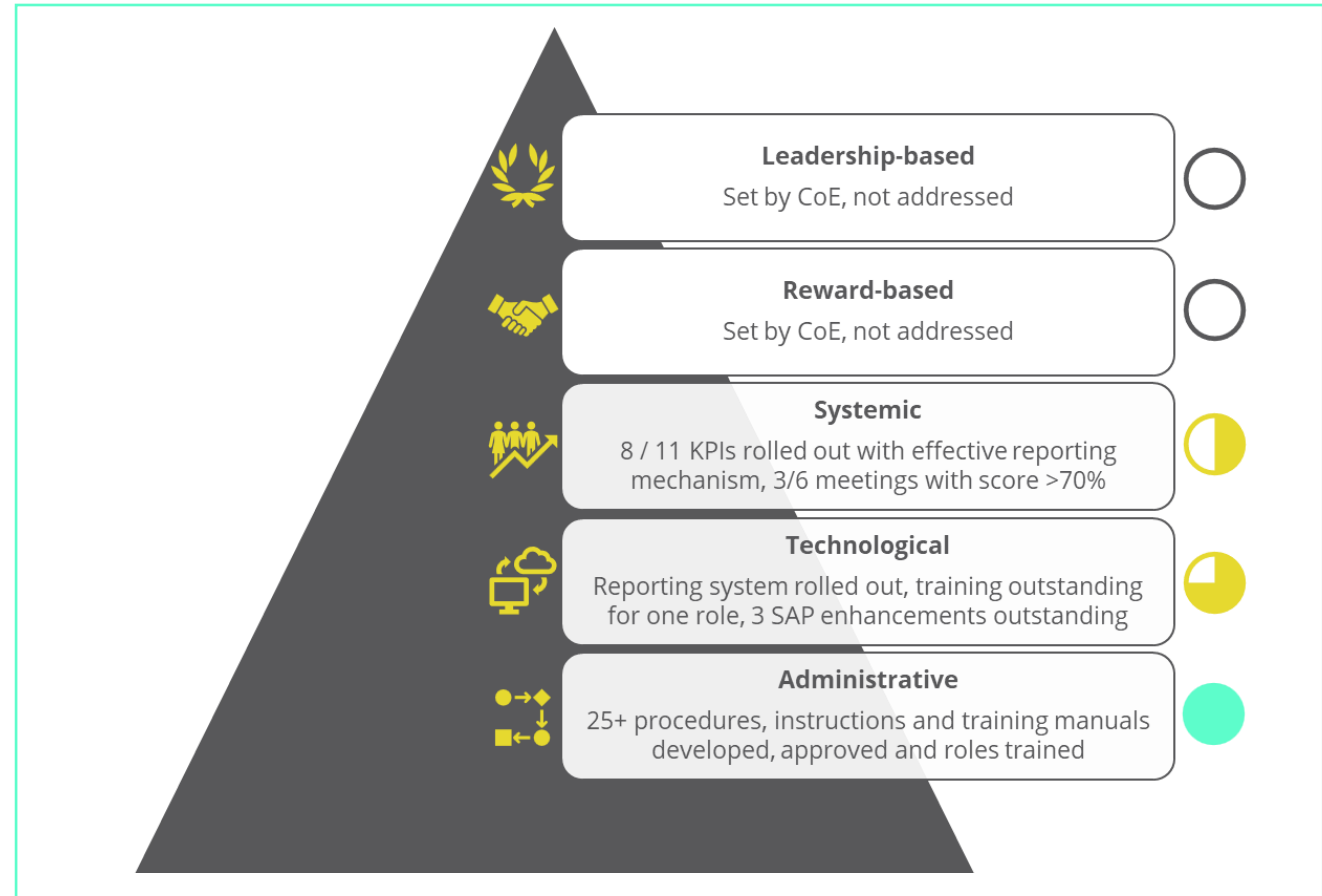
WHAT:

- Anchor achieved improvements, and use credibility and good will to increase intensity of change

COMMON PITFALLS:

- Improvements not sufficiently anchored
- Poor monitoring of the anchoring and associated behaviour changes
- Short selling victories

Keep your eyes on the future, and always suggest further opportunities



¹ [Leading Change: Why Transformation Efforts Fail \(HBR\)](#)

Thanks for your attention!

For more on the difference between culture change and behaviour change:

"How to Change a Culture: Lessons from NUMMI" by John Shook,
MIT Sloan Management Review, Winter 2010, Vol. 51, No. 2

For more on types of change (Theory E and Theory O): "Cracking the Code of Change" by Nitin Nohria & Michael Beer, *at HBR.com*

For more on power in organizations:

"The Bases of Social Power" by John R. P. French and Bertram Raven,
in Studies in Social Power, D. Cartwright, Ed., pp. 150-167.

For more on Kotter's 8-Step Model:

"Leading Change: Why Transformation Efforts Fail" by John P. Kotter,
in HBR's 10 Must Reads: On Change Management, 2011

For more on stakeholder management:

"Stakeholder mapping" by Aubrey L. Mendelow, *in Proceedings of the
2nd International Conference on Information Systems, Cambridge, 1991*



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*Daisy is of the firm opinion that
reward-based anchoring is the only
way to go.*